



*Sabzevar university of medical sciences*

## ***CURRICULUM VITAE***



### **PERSONAL INFORMATION**

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**Name:** Reza

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### **EDUCATIONAL BACKGROUND**

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**PhD in** Helth education & health promotion, Tehran University of Medical Sciences, Iran

**MSc. in** Helth education, Hamadan University of Medical Sciences, Iran

**BSc. in** Nursing, Iran University of Medical Sciences, Iran

## DISSERTATIONS

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### **PhD Thesis Title:**

Designing the message and the effect of educational intervention based on health promotion theories on promotion of drug dependents therapeutic behavior in Sabzevar substance abuse treatment centers.

### **MSc Thesis Title:**

Assessing the effect of stress management training on the readiness for addiction treatment among Hamadan addiction centers, based on applying Health Belief Model.

## Awards and Ranks

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- ✓ Rank 1 in PhD exam (Health education & promotion) in 2013
- ✓ Membership at the National Elite Foundation
- ✓ Student of Ethical and Research in Tehran University of Medical Sciences
- ✓ "Effective professor" at the Faculty of Health, Sabzevar University of Medical Sciences

## TEACHING EXPERIENCES

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### ***I: Teaching Experiences I***

**Bachelor course:** From 2014 in Sabzevar University of Medical Sciences, Esfarayen school of Medical Sciences and Sabzevar Branch of Azad University:

Educational technology

Public health

Community Health Nursing

Nursing of individual and family health

First aid

Nutrition basics

Health Food

Health principles and first aid

Generalities of health and medicine

Health of students and schools

Specialized language

## ***II: Teaching Experiences II***

**Master courses:** From 2015 in Sabzevar University of Medical Sciences:

Communication in health education and health promotion

Health information systems

Health Education and Health Promotion In School

Specialized language

## **PROFESSIONAL MEMBERSHIP**

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- ✓ Member of Association for Health Education and Health Promotion of Iran (2014 to now)
- ✓ Member of brilliant talented students of Tehran University of Medical Sciences (2015 to 2018)
- ✓ Member of the National Elite Foundation
- ✓ Member of Olympiad Committee, Sabzevar University of Medical Sciences
- ✓ Member of Research Council of Student Research Committee of Hamadan University of Medical Sciences (2015 to 2017)

## **RESEARCH FIELDS OF INTERESTS**

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Theories and models in health education and promotion

Settings health promotion

School health, Drug dependence, Game design and Animation, Community health promotion, Health literacy, Empowerment, SDH.

## CONFERENCE PARTICIPATION

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- 1: Second Research Congress for medical science Student (Tehran Fellow Network) 2009: Damage caused by sharp instruments (Poster)
- 2: Second Research Congress for medical science Student (Tehran Fellow Network) 2009: Spiritual care (Poster)
- 3: Fifth National Congress on Health Education and Health Promotion 2016: Stress and Health Belief Model (Poster)
- 4: Fifth National Congress on Health Education and Health Promotion 2016: Self-efficacy and stress (Poster)
- 5: Eighth National Conference on Occupational Safety and Health 2016 (Poster)
- 6: Martyr Motahari Festival 2017 in Iran: Structuring the management and educational program of brilliant talented students in medical science universities based on the theory of planned behavior with team approach (Poster)
- 7: 1 st Provincial Student Congress in Health Promotion 2018: The grounds for violence against women from the perspective of men: A qualitative study (Poster)
- 8: 1 st Provincial Student Congress in Health Promotion 2018: The Role of Families in Violence Against Wife: A Qualitative Study (Poster)
- 9: Martyr Motahari Festival 2018 in Iran: Needs assessment of students to improve management and leadership of brilliant talents development center based on behavioral intent and Zaraga and Falcon models (Poster)
- 10: The 9st National Congress of E-Learning in Medical Sciences 2018: Effect of educational intervention based on social network of telegrams in reducing the consumption of hookah in students (Poster)
- 11: First National Conference on Arts and Health in Iran 2018: The destructive effects of modern communication devices on couples violence: A qualitative study (Poster)
- 12: First National Conference on Arts and Health in Iran 2018: The effect of training intervention based on the design of training messages based on the Extended process parallel model and the TTM on the promotion of treatment behavior of drug dependents (Poster)
- 13: National Congress of Nursing and Midwifery Students 2009: Damage location and age of nurses (Oral)

- 14: National Congress of Nursing and Midwifery Students 2009: Cystinosis in children (Oral)
- 15: First Conference on Spiritual Health 2013: Spiritual health and veil (Oral)
- 16: The 10TH Annual International ADDICTION SCIENCE CONGRESS 2016 RAZI HALL, Tehran, Iran: Predicting factors related to drug abuse treatment based on applying transtheoretical model (Oral)
- 16: Examining the relationship between demographic characteristics and protective behaviors against Covid-19 2021
- 17: Examining the relationship between the self-efficacy of people's physical activity and protective behaviors against Covid-19 2021
- 18: Design, implementation and evaluation of the internship course final practical test by OSCE method in public health students: A new approach to improvement the evaluation methods of public health student 2021
- 19: 1 st Provincial Student Congress in Health Promotion 2018: The role of treason in the creation of violence against women: A qualitative study (Oral) 2022
- 20: Predictors of the financial literacy Based on the BASNEF Model among Junior High School Students 2023
- 21: Effectiveness of the empowerment program based on the BASNEF model on improving the financial literacy of male students 2023
- 22: The effect of educational intervention based on competency model on Promoting preventive skills of substance abuse in girl's students of secondary high-school 2023
- 23: The Effectiveness of Educational Program on Preventive Domestic violent skills (Aggressive lifestyle) in women Based on Social Cognitive Theory 2023

## **PUBLICATIONS**

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- 1: Sharp instruments injuries in intensive and general wards. Cardiovascular Nursing Journal
- 2: Comparison of the attitudes of the last-year nursing and medical students about spiritual care. Cardiovascular Nursing Journal
- 3: Assessing Hamadan`s Nurses Perceptions of Patient Safety Culture`s Dimensions. Journal of Hospital The study of hospital administrators's views of quality improvement of health: Applying Clinical Governance Model. Pajouhan Scientific Journal 2013

- 4: Survey of factors associated with burnout among health care staffs in Hamadan County in year 2012. Pajouhan Scientific Journal 2014
- 5: Assessing the Effect of Stress Management Training on the Readiness for Addiction Treatment Among Hamadan Drug Abuse Treatment Centers, Based on Applying Health Belief Model (Archives of Iranian Medicine 2014)
- 6: Role of stress in treatment readiness of drug dependence based on Health Belief Model. Koomesh 2015.
- 7: Factors related to self-care behaviors in hypertensive individuals based on Health Belief Model. Koomesh 2015.
- 8: A Study on the Relationship between Spiritual Health and Attitudes towards Women's Dress Code among Female Students of Hamadan University of Medical Sciences. Religion and Health 2016.
- 9: Predictors of intention to marriage based on theory of planned behavior among university students in Iran (Electronic Physician 2017)
- 10: Change processes questionnaire for treatment of drug dependents based on transtheoretical model: Psychometric properties in Iran 2016 (Electronic Physician 2017)
- 11: The effectiveness of cognitive-behavioral stressmanagement training on the readiness for substance use treatment in Iran. Journal of Substance Use 2018.
- 12: Studying the Effectiveness of Prevention Training Program of Drug Abuse on Reducing Risk Factors in Soldiers and Staffs.2018
- 13: Structure and guiding model of superior talent students (Book), Beyhagh Publishing, 2018.
- 14: Married Men's Experiences of Domestic Violence on their Wives: A Qualitative Study. 2018
- 15: Design and Psychometric of Measurement Tool of Unsafe Behaviors in Motorcycle Driving Based on Information, Motivation and Behavioral Skills Model. 2019

16: Effects of an Educational Intervention on Male Students' Intention to Quit Water Pipe Smoking: an Application of the Theory of Planned Behavior (TPB) and Health Action Process Approach (HAPA). 2019

17: Level of knowledge, attitude, and practice of women in Sabzevar concerning home quarantine for prevention of the new coronavirus disease.2020

18: The Effectiveness of AIDS Prevention Education Program on Reducing Risk Factors with Community Based Approach in soldiers and military staff.2020

19. Public Knowledge, Attitude and Practice regarding Home Quarantine to Prevent COVID-19 in Sabzevar city, Iran 2020

20: Development and Validation of an Instrument to Measure Parental Factors Related to Substance Use Prevention in Adolescents.2020

21: The relationship between readiness for treatment of substance use and self-efficacy based on life skills.2020

22: Application of PEN-3 model in promoting early detection of breast cancer in women living on the suburbs 2022

23: Evaluation of students' satisfaction with the teaching assistant method in Sabzevar University of Medical Science. 2022

24: Application of the Extended Planned Behavior Theory to Predict COVID-19 Preventive Behaviors.2022

25: Investigating Iranians' Attitude, Practice, and Perceived Self-Efficacy towards COVID-19 Preventive Behaviors.2022

26: The Role of Education in Promoting Safe Motorcycle Riding Behaviors Among Iranian Students: An Application of the Protection Motivation Theory and the Information- Motivation- Behavioral Skills Model.2022

27: Educational Intervention in Promoting Fatty Liver Preventive Behaviors in Women: Using the Protection Motivation Theory.2022

28: Effectiveness of educational intervention based on protection motivation theory to promotion of preventive behaviors from brucellosis among ranchers of farmer.2022

29: Role of an Educational Advisor from the Viewpoint of Professors and Students: A Qualitative Study from Sabzevar University of Medical Sciences, Iran.2022

30: The role of education based on the perception/tendency model on the use of energy supplement in bodybuilding athletes: Arandomized clinical trial study.2022

31: The Effect of Empowerment Program to Reduce Sugar Consumption Based on the Multi-Theory Model on Body Mass Index and Abdominal Obesity in Iranian Women.2023

## WORKSHOPS

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1. Workshop on How to review a paper, Tehran university of medical sciences, Tehran
2. Research method Workshop, Hamadan university of medical sciences, Hamadan, Iran
3. Registration of clinical trial Workshop (IRCT), Hamadan university of medical sciences, Hamadan, Iran
4. Scientific Writing Workshop, Hamadan university of medical sciences, Hamadan, Iran
5. Training of Medical Sciences Workshop, Sabzevar university of medical sciences, Sabzevar, Iran,
6. Evaluation Methods Workshop, Sabzevar university of medical sciences, Sabzevar, Iran
7. Virtual training workshop, Sabzevar university of medical sciences, Sabzevar, Iran
8. SPSS Workshop, Hamadan university of medical sciences, Hamadan, Iran
9. learning areas and types of tests
10. New teaching methods
11. Academic achievement tests, question design rules and test analysis
12. Camtasia
13. Educational strategies and teaching methods



14. Research and educational design in electronic learning environment
15. E-learning (LMS)
16. Curriculum planning workshop
17. Theories and effective teaching methods
18. Third to fifth generation university
19. Storyline software
20. Needs assessment and planning techniques
21. Ability-based training
22. Cochrane Systematic Review
23. Tool in research
24. Ethics in the publication of scientific works
25. Role of technology in health

## **EXPERIENCE**

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### **Computer Skills**

Certification of Information Technology Seven Skills Courses (File Management)

Certification of Information Technology Seven Skills Courses (Technology Concepts)

Certification of Seven-Skill Courses in Information Technology (Information and Communication)

Blogging

### **Software:**

- ENDNOTE, Statistical analysis software (SPSS)
- Amos
- Microsoft office (Word, Power point, Excel).