

۱- مشخصات فردی

نام و نام خانوادگی: فروغ السادات مرتضوی	تاریخ تولد: اسفند ۱۳۴۱
مدرک و رشته تحصیلی: دکترای بهداشت باروری	مرتبه علمی: استادیار
محل خدمت: دانشگاه علوم پزشکی و خدمات بهداشتی درمانی سبزوار	آدرس پست الکترونیکی: frmortazavi@yahoo.com

۲- سوابق تحصیلی

- **B.S., Midwifery, Mashad University of Medical Sciences, Mashad, Iran, 1986-1991**
- **M.S.c, Midwifery, Mashad University of Medical Sciences, Mashad, Iran, 1994-1998**
- **PhD of Reproductive Health, Shahroud University of Medical Sciences, Shahroud, Iran date of graduation: Summer 2013**
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۳- سوابق حرفه‌ای

- **Working experience, midwife in a Health Center, Tehran, 1995-1997**
- **Faculty member of Sabzevar University of Medical sciences from 1998**
- **Midwifery group manager, Sabzevar University of Medical Sciences, 2003-2005, 2009-2011**
- **Member of educational committee of Sabzevar University of Medical Sciences, 2009-2011**
- **Member of complementary educational committee of Sabzevar University of Medical Sciences, 2013-2014**
- **Member of ethics committee of Sabzevar University of Medical Sciences, 2014**
- **Member of research committee of nursing faculty of Sabzevar University of Medical Sciences, 2014**

۴- دوره‌های آموزشی گذرانده شده

- **Lisrel, introductory and advance, Tehran, Iran Doc, 2013**
- **Qualitative research, Tehran, 2011**
- **SPSS in research, Tehran, 2011**
- **Questionnaire designing, 2011**

- Skills in qualitative interview, Shahroud, 2011
- Searching electronic resources, Tehran, 2011
- Designing and adopting Instrument for research, Tehran, 2011
- Endnote, Tehran, 2011
- Systematic review , Sabzevar, 2010
- PBL, simulation, Shahroud, 2010
- Innovation, creativity, Shahroud, 2010
- Ethics in research, Sabzevar, 2009
- Digital library resources, Sabzevar, 2009
- Research methods, Sabzevar, 2009
- Endnote, Sabzevar, 2008
- Community based participatory researches, Sabzevar, 2008
- Childbirth education (master trainer course), Ministr of health and medical education, Tehran, 2008
- Lecture designing, Sabzevar, 2007
- Writing of scientific papers, Sabzevar, 2007
- Infant resuscitation. Mashad, 1998
- Methods of teaching, 1998
- Curriculum planning, Sabzevar, 1999

۵- فعالیت‌های آموزشی

- Teaching Experience, as a lecturer, Sabzevar University of Medical Sciences, Sabsevar, 1998-2014
- Teaching Experience, as a lecturer in research methods workshops in Shahroud University of Medical Sciences 2010 as well as Sabsevar Nursing and Midwifery Faculty 2002
- Teaching Experience, as a lecturer in menopause workshop in Mobini hospital affiliated to University of Medical Sciences 2010

۶- مقالات منتشر شده در مجلات داخلی و خارجی

- **Hamid Rabat Sarpooshi · Mojtaba Vaheb · Yasser Tabarayee · Forough Mortazavi.**
The effects of topical vitamin C solution on the necrotic tissue volume of burn wounds . J Nursing & Midwifery Sciences, 2016; 3(3):11-17
- **Forough Mortazavi · Vahideh Moghaddam Hosseini · Yaser Tabarraie · Tahereh Towfighian.** Effect, for the Preferred Mode of Delivery, on Pregnant Women and Their Husbands of a Preparing Program on the Advantages of Vaginal Delivery . J Biomedicine. 2016 1(3).
- **F Mortazavi, A Akaberi. Worries of Pregnant Women: Testing the Farsi Cambridge Worry Scale. Scientifica 2016**
- **F Mortazavi. The prevalence of academic procrastination and its association with medical students' well-being status. International Journal of Humanities and Cultural Studies (IJHCS) ISSN 2356 ..**
- **F Jahdi, M Mehrabadi, F Mortazavi, H Haghani. The Effect of Slow-Stroke Back Massage on the Anxiety Levels of Iranian Women on the First Postpartum Day. Iranian Red Crescent Medical Journal**
- **S Zamirinejad, F Mortazavi, H Kamranian, SA Ackabery, M Piltan. Validity and Reliability of Persian version of mental toughness questionnaire. International Journal of Humanities and Cultural Studies (IJHCS) ISSN 2356**
- **F Mortazavi, SS Mortazavi, R Khosrorad**
Psychometric Properties of the Procrastination Assessment Scale-Student (PASS) in a Student Sample of Sabzevar University of Medical Sciences
Iranian Red Crescent Medical Journal 17 (9)
- **F Mortazavi, SA Mousavi, R Chaman, KA Wambach, SS Mortazavi, ...**
Breastfeeding Practices During the First Month Postpartum and Associated Factors: Impact on Breastfeeding Survival
Iranian Red Crescent Medical Journal 17 (4)
- **F Mortazavi, SA Mousavi, R Chaman, A Khosravi, JR Janke**
Cross Cultural Adaptation, Validity, and Reliability of the Farsi Breastfeeding Attrition Prediction Tools in Iranian Pregnant Women
Iranian Red Crescent Medical Journal 17 (3)

- **F Mortazavi, SA Mousavi, R Chaman, A Khosravi**
The relationships between maternal psychological state, breastfeeding difficulty and breastfeeding patterns
Journal of Research & Health 5 (2)
- **Mortazavi F, Mousavi SA, Chaman, R , Khosravi A.** Validity and reliability of WHO5-well-being index in a sample of Iranian pregnant women. **Turkish journal of Psychiatry.** 2014; winter
- **Mortazavi F, Mousavi SA, Chaman, R , Khosravi A.** Maternal quality of life during the transition to motherhood: a longitudinal study. **Iranian Red Crescent Journal.** 2014; May
- **Mortazavi F, Mousavi SA, Chaman, R , Khosravi A.** Do maternal quality of life and breastfeeding difficulties influence exclusive breastfeeding? **International Journal of pediatrics, VOL 2014, NO: 156049**
- **Mortazavi F, Mousavi SA, Chaman, R , Khosravi A.** Validation of the breastfeeding experience scale in a sample of Iranian mothers. **International Journal of pediatrics, VOL: 2014, NO: 608657**
- **Forough Mortazavi, Seyed Abbas Mousavi, Reza Chama.** Does maternal quality of life influence breastfeeding difficulties? **Iran J Pediatrics , 2014; VOL 24, NO: 4**
- **Mortazavi F, Mousavi SA, Chaman, R, Khosravi A.** Maternal psychological state during the transition to motherhood: a longitudinal study. **Asia-pac psychiatry.** 2013, 5: 49-57
- **Mousavi SA, Mortazavi F, Chaman, R, Khosravi A.** Quality of life after cesarean and vaginal delivery. **Oman Medical journal.** 2013;28 (4):245-251.
- **Forough Mortazavi, Mahin Delara, Arash Akaberi.** Male involvement in prenatal and postpartum care: Impact on pregnancy and postpartum outcomes. **Urmia nursing and midwifery faculty journal.** 2013; 12(54)
- **Mousavi SA, Mortazavi, F, Chaman, R, Ajami M.** Quality of life in primiparas vs. multiparas in late pregnancy and postpartum. **J of Kermanshah University of Medical Sciences.** 2013
- **Mortazavi F, Mirzaii K.** Concerns and expectations towards Husband's involvement in prenatal and intrapartum cares - A qualitative study. **Payash,** 2012; 11(1): 51-63

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- **Mortazavi F, Mirzaii K. Reason of, barriers to, and outcomes of husbands' involvement in prenatal and intrapartum care program based on midwives' experiences: A qualitative study. Arak Medical University Journal (AMUJ) ,2012; 15(60): 104-115. http://amuj.arakmu.ac.ir/browse.php?a_code=A-10-1009-2&slc_lang=en&sid=1&sw=content+analysis**
- **Mortazavi F, Damghanian, M, Motaghi Z, Shariati M. Women's experience of unwanted pregnancy: A qualitative study. Behbood, 2012, 15(6):492- 505 <http://core.kmi.open.ac.uk/display/1142998> .http://jbehbood.hbi.ir/library/upload/article/af_554492712-mortazavi-1545-t.pdf**
- **Mortazavi F, Keramat A. The study of male involvement in prenatal care in Shahroud and Sabzevar. Journal of Qum University of Medical Sciences.2012; 6 (1):66-74 www.doaj.org/doaj?func=issueTOC&isId=128202...en**
- **Mortazavi F, Akaberi, A. The study of the accuracy of three methods in estimating of delivery date. Iranian journal of obstetrics, gyneocology and infertility; december-january 2010; 13(5);45-51 . http://www.mums.ac.ir/obstetrics/fa/Aben135_08**
- **Damghanian M, Mortazavi F, Motaghi Z, Keramat A. Systematic review of different therapies for primary dysmenorrhea in Iran. J Mashhad school Nurs Midw. 2011;11:32-46. http://www.mums.ac.ir/shares/nurse/nurse_coll/journal/journal25/mururi_sistematik_en.pdf**
- **Mortazavi F, Akaberi A, "Belief in prayer in pregnant women" *J Mashhad School Nurs Midw*, 2011, 10(2), 51-56 http://www.mums.ac.ir/shares/nurse/nurse_coll/journal/journal_24/bavar_niayesh_en.pdf**
- **Mortazavi F, Akaberi A. Estimation of birth weight by measurement of fundal height and abdominal girth in parturients at term. Eastern Mediterranean Health Journal.2010;16(5), 553-7. www.emro.who.int/emhj/v16/05/16_5_2010_0553_0557.pdf**
- **Mortazavi F, Kooshki A, Akabery A. The relationship between maternal nutrition during pregnancy and hypertensive disorders. *Poster presentations /***

International Journal of Gynecology & Obstetrics 107S2 (2009) S413–S729 S447

[www.ijgo.org/article/S0020-7292\(09\)61616-7/abstract](http://www.ijgo.org/article/S0020-7292(09)61616-7/abstract)

- **Mortazavi F, Koshki A, Akaberi A. Relationship of dietary regime and pregnant hypertension. *Asrar* 2009;16(2):100-107.[Persian]**
- **Mortazavi F, Rakhshani M. The effects of Atropine, Hyoscine and Promethazine on the duration of labor stages and rate of labor progress in multiparous women in Sabzevar. *J Gorgan Uni Med Sci* 2004, 6(2): 92-96
http://www.goums.ac.ir/journal/browse.php?a_id=210&sid=1&slc_lang=en**
- **Mortazavi F, Rakhshani M. Estimation of the gestational age by fundal height in pregnant women at mobini maternity hospital in sabzevar iran in 1381(2002) *Journal of sabzevar university of medical sciences; Winter 2004; 10(4 (30));39-44. www.sid.ir/.../ViewPaper.asp?...MORTAZAVI%20F.,RAKSHANI%...***
- **Mortazavi F, Hajzadeh A, Khadivzadeh T. The relationship between ideal body weight and arm circumference and infant birth weight. *Asrar, J of Sabzevar University. 1998;***

۷- مقالات ارائه شده در همایش‌ها

- Oral presentations
- ***Mortazavi F, Mousavi SA, Chaman R, Khosravi A. Breastfeeding methods in the first month postpartum: impact on breastfeeding duration. World Congress on obstetrics and gynecology, Tehran, Iran, Nov 2014***
- ***Mortazavi F, Mousavi SA, Chaman R, Khosravi A. Quality of life during the transition to motherhood. 15th world Congress on Human Reproduction, venesia, Italy, 15 March 2013.***
- ***Mortazavi F, Mousavi SA, Chaman R, Khosravi A. Maternal psychological state during the transition to motherhood. 15th world Royan Twin Congress, Tehran, Iran, Sep 2013.***
- ***Mortazavi F, Mousavi SA, Chaman R, Khosravi A. Breastfeeding difficulties, psychological problems and breastfeeding duration. World Congress on obstetrics and gynecology, Tehran, Iran, Nov 2013***
- ***Women’s perspectives towards unwanted pregnancy: A qualitative study. World Congress on obstetrics and gynecology, Tehran, Iran, Nov 2011***

- **The relationship between maternal anthropometric measurements and infant birth weight. The first national conference on research in P.H.C network. Mashad, Autumn 2008.**
- **Poster Presentations**
- ***Maternal psychological state during the transition to motherhood. 15th world Congress on Human Reproduction, venesia, Italy, 13 march 2013.***
- **The relationship between maternal nutrition during pregnancy and hypertensive disorders. FIGO, South Africa (2009)**
- **Estimation of gestational age by measurement of fundal height and abdominal girth in parturients at term. FIGO, Kulala Lumpur, Malasia (2006)**
- **Estimation of birth weight by measurement of fundal height and abdominal girth in parturients at term. 12th World congress on gynecology endocrinology. Florence, Italy, 2006.**
- **The relationship between maternal anthropometric measurements and infant birth weight. World congress on nutrition, Brisbane, Australia, summer 2004.**
- **Mortazavi F, Khadivzadeh T. “The relationship between maternal anthropometric measurement and birth weight. Asia Pac J Clin Nutr. 2004;13(Suppl):S154**
- **Quality of life after cesarean and vaginal delivery, women’s health congress, Shiraz, Iran, 2012**
- **Concerns and expectations towards Husband's involvement in prenatal and intrapartum cares - A qualitative study . World Congress on obstetrics and gynecology, Tehran, Iran, Nov 2010**
- **The study of male involvement in prenatal care in Shahrod and Sabzevar, first world congress on health education and promotion, Tabriz, Iran, Spring 2011. congress.tbzmed.ac.ir/hepc/Abstract/71**
- **The study of the accuracy of three methods in estimation of delivery date. 8th world congress on obstetrics and genecology, Tehran, Iran, Nov 2010**
- **The effect of husband participation in prenatal care on pregnancy outcome. 8th world congress on obstetrics and genecology, Tehran, Iran, Nov 2010**

- ***Prayer*. Published by Sabzevar University of Medical Sciences. Authored by 13 university members.**
- **Bodaghabadi M, Sadeghi H, Mortazavi F. *Women's health*. A translated book. Publication . Sabzevar, 2009**
- **Cooperation as an author in translating "*Fundamental of obstetrics and genecology*". Andisheh Rafi Publication. Tehran. Authored by 13 university members.**

۹- راهنمایی و مشاوره پایان نامه های دانشجویی
• بررسی اثر محلول ویتامین ث بر زخم سوختگی